

# DAY CENTRE ACTIVITIES OCTOBER 2024

WK		<b>TUESDAY 1</b>	<b>WEDNESDAY 2</b>	<b>THURSDAY 3</b>	<b>FRIDAY 4</b>	
AM		Autumn colouring's Leaf printing squirrels Dress the mannequins autumn	Knit n natter group Scabble group Daily crossword	Autumn colouring Fruit printing	National Golf day indoor golf Scrabble groups x2	
PM		Martha exercises	Autumn garden walk collecting leaves conkers ect Singing u tube	National get funky day fitness class U tube arm chair fitness	Bingo in the dinning room Scrabble continues	
WK	<b>MONDAY 7</b>	<b>TUESDAY 8</b>	<b>WEDNESDAY 9</b>	<b>THURSDAY 10</b>	<b>FRIDAY 11</b>	
AM	Ball games netball hoop Arm chair parachute with balls	National hero day Colourings Kathy Art	National Teddy day Bring in teddy and chat Ted colouring's	Fine art Autumn colouring's Animal quiz,	Making jam tarts Scrabble group Flower arranging	
PM	October words A-Z white board	Violinist Chris And art n craft available too	Singing piano songs and records	Autumn words	Billy Elliot DVD Popcorn and treats	
WK	<b>MONDAY 14</b>	<b>TUESDAY 15</b>	<b>WEDNESDAY 16</b>	<b>THURSDAY 17</b>	<b>FRIDAY 18</b>	
AM	Canal week colourings Canal books talking about canals	Canal colourings Canal collages group	Canal colouring Cheese scone baking	Canal colouring Musical instruments and singing	<b>WEAR IT PINK</b> Pink arts and craft Making pink ribbons tissue paper	
PM	Martha exercises	Alan music	Parachute games	Mike squeeze box	Dancing to oldies records	
WK	<b>MONDAY 21</b>	<b>TUESDAY 22</b>	<b>WEDNESDAY 23</b>	<b>THURSDAY 24</b>	<b>FRIDAY 25</b>	
AM	Daily crossword Ellis guitar Autumn colouring's	10.30 Tony Band Mindful colouring books	Fine art flowers dahlias Flower colourings Board games snakes ladders shopping gams	Planting winter pansies Cribb Selection of magazines for men	Autumn colourings Kathy ART's Carry on films TV	
PM	Autumn spelling B	Piano songs	Hangman	Knit and natter Colouring cont.	BINGO	
wk	<b>MONDAY 28</b>	<b>TUESDAY 29</b>	<b>WEDNESDAY 30</b>	<b>THURSDAY 31</b>		
AM	Halloween arts and crafts Pumpkin carving	Halloween leaf Ghosts printing	Pumpkin collages Halloween word search	Egg box bats Halloween colouring		
PM	Halloween word scramble	Martha exercises	James fitness	Halloween word game		